ISEEK Interest Assessment Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Read** about the six different types of people below. **Circle** the three that are more similar to you than the others. Then **open** the internet and go to [www.iseek.org](http://www.iseek.org).

2. Look on the left side and click on ASSESS YOURSELF.

#### 3. Click on [MnCareers Interest Assessment.](http://www.iseek.org/careers/interestassessment.html)

4. Scroll down until you see the heading MnCareers Interest Assessment again and click on online.

5. Read each statement. Click the small box after the idea if you like to do that thing.

6. When you finish, click Go.

7. Record the numbers you get and click on some of the jobs by the letters that were the highest.

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| --- | --- | --- |
| R | = | Realistic |
| I | = | Investigative |
| A | = | Artistic |
| S | = | Social |
| E | = | Enterprising |
| C | = | Conventional |

The three letters with the highest scores are your **Interest Profile**. Read the descriptions below that match your profile.

**Realistic** people are DOERS. They are often good at mechanical or athletic jobs. They like to work with things like machines, tools or plants and they like to work with their hands.

**Investigative** people are THINKERS. They like to analyze and solve problems. They often like to work independently and tend to be good at math and science.

**Artistic** people are CREATORS. They like to work in situations where they can use their creativity and come up with new ideas. They enjoy performing (theater or music) and visual arts.

**Social** people are HELPERS. They like to work directly with people rather than things. They are often good public speakers and enjoy helping others.

**Enterprising** people are PERSUADERS. They like to work with other people and enjoy being a leader. They particularly enjoy influencing, persuading and performing.

**Conventional** people are ORGANIZERS. They are very detail oriented and like to work with data and numbers.