



# COMO PARK

## SENIOR HIGH SCHOOL

### September 8, 2023 Newsletter

Welcome to the 2023-24 school year, Como Families!

Como staff are excited to welcome students to a fantastic new school year. We are proud of our beautiful building and strive to create a learning environment that is safe and conducive to learning. Our priority is for students to feel safe, valued, and accepted. We encourage strong partnerships with families to ensure a meaningful high school experience where students can thrive and achieve their full potential. Como staff are more than ready to encourage, challenge, and empower students and we are confident it will be a successful year. Go Cougars!!

#### Absences/Attendance

Please make sure to ALWAYS report your student's absence by 9:30 AM. You can do this by calling the Attendance Line at (651)744-5343. If no contact has been made by a parent/guardian regarding your student's absence, please send a note with the reason for the absence with your student when they return to school. Please contact the main office (651-293-8800) for the process to follow when taking an extended trip.

#### Como Park Senior High School Cell Phone Expectations

Please view our cell phone expectations and help us make this year a positive learning experience for your student. [Cell Phone Expectations](#)

#### Parent Advisory Council

The Parent Advisory Council is made up of Como staff, admin, and families. It is a chance to work together and discuss ways to promote quality education, encourage community involvement, and work towards a healthy school environment. PAC meetings are held the first Monday of the month at 6:00PM. Please fill out the form if you are interested in being part of Como's Parent Advisory Council. Thank you.

<https://docs.google.com/forms/d/e/1FAIpQLSfiOcpmnOidIFV4-gD68-YhuaXYqMvQhC0PRin-LDXskrOFsg/vi ewform?usp=sharing>



Dear Como Park High School Families,

The Como Park Senior High School Booster Club invites you to join in all the Booster Club FUN! Como Park Senior High School Booster Club is a non-profit parent-led organization that raises funds in order to 'boost' school activities and clubs that are in need of supplemental financial support.

The Booster Club supports student activities, athletics and clubs throughout the calendar year which include:

- *Homecoming*
- *The Senior Picnic*
- *Robotics club*
- *Girls in Tech*
- *The athletic teams*
- *Black Student Union*
- *Link Crew*
- *English Language Arts*
- *Table Tennis Club*
- *Como Global Showcase*
- *Youth in Government*
- *Counseling Department*
- *Cougar Journal*
- *Como Park FFA*
- *Art and music programs, plus much more!*

Our Booster Club is in need of a BIG BOOST! We have a goal of raising \$15-20K a year and we are falling very short of this goal. This means, we have foregone a Senior All Night Party for the last few years, clubs are very underfunded, and our students are missing out!

Parents who are interested in staying in touch with the Booster Club and helping with fundraising or volunteering your time, please add your information on the sheet in this link: [📄 Booster Club Sign Up](#)

Additionally, instead of selling candy, wrapping paper or magazines, we are suggesting families, businesses, (or groups of families, individuals, or businesses), to send a \$100.00 check or donate online to the St. Paul Como Park Booster Club.

If we can get 200 donations of \$100.00, we can more fully satisfy the many grant requests that we get every year. If another amount is more suitable for you and your family, we are accepting any amount that makes sense to you!

Donate online: <https://sites.google.com/view/cpshsboosterclub/donate>

Checks should be made payable to: CPSHS Booster Club and dropped off at the main office or mailed to:

CPSHS Booster Club  
740 Rose Ave. West  
St. Paul, MN 55117



**Thank you in advance for your generosity and support.**

Sincerely,

CPSHC Booster Club Committee

*PS: Many employers offer a matching gift program for charitable contributions. Please check with your employer and attach any necessary forms with your direct donation – we will do the rest! To learn more about the CPSHS Booster Club and how you can get involved visit us at: <https://sites.google.com/view/cpsbsboosterclub/home>.*

**CHECK THIS OUT!**

## Como Park Senior High School Booster Club Fundraiser



Talk about a “win-win,” now your daily cup of inspiration can help support a great cause! Order sustainably farmed, fair-trade Velasquez Family Coffee delivered right to your door and 29% of the purchase price will go to support **[Organization Name]**.



**HELP SUPPORT  
A GREAT CAUSE!**  
Coffee *delivered*  
right to your door!

1. Visit [vfamilycoffee.com/collections/fundraiser](http://vfamilycoffee.com/collections/fundraiser)
2. Choose from a variety of roasts and flavors—whole bean or ground—to fill your cart.
3. At checkout, select **[Organization Name]** from the fundraiser pulldown menu, then enter your payment information.

You'll enjoy delicious Honduran coffee delivered right to your door and get an extra-warm feeling with every sip knowing 29% of the purchase price goes to **[Organization Name]**!

Make a one-time purchase or start a subscription—you'll get great coffee delivered every month while providing ongoing support for **Como Park HS Booster Club!**



## STAFF SPOTLIGHT

### Please welcome our new Assistant Principal, Mr. Anthony Minus

Hello Como community, my name is Anthony Minus. This year I will serve as Assistant Principal and am excited to be on the team. My last 9 years have been spent in the Minneapolis School District.

My journey in education started in 2005. I have served in a variety of capacities: Teacher Assistant, Educational Assistant, Dean of Students, TOSA, Classroom instructor, Special education resource teacher (SERT), ADMIN TOSA, and Assistant Principal. I have also been an athletic coach for equally as long, serving as a head coach of softball, wrestling, football, basketball and as a tennis assistant. Now I focus on coaching my daughter's youth athletic teams.

I was born in St. Paul, MN from birth to 6 years old. My family lived in Frogtown on Van Buren and attended Jackson Elementary. After a lot of moving, We finally settled on the Westside and have lived there ever since. I attended Humboldt High School then went on to Southwest Minnesota State where I played football and earned a B.S. in Broadcast Journalism. Eventually, I attended the University of St. Thomas for my M.A. and St. Mary's for my administrative license.

In my free time I focus on being a great father. My daughter enjoys watching the Twins, being creative and reading. I enjoy riding my bicycle, doughnuts, and playing/watching football. If there is any time left you may see me officiating high school basketball games. I look forward to contributing to the Como community this upcoming school year.



Upcoming Event

# CPSHS TECHNOLOGY NIGHT

## **Campus & Schology Workshop**

Need help navigating  
through Campus and  
Schology?

Learn how to view your  
student's attendance,  
grades, and assignments



Thursday, September 28th  
5:30-7:00pm



740 Rose Ave. W.  
St. Paul, MN 55117

Como Park Senior High School  
Cafeteria

Email [jamie.hoffman@spps.org](mailto:jamie.hoffman@spps.org)  
for more information




## Did you know?

School districts must notify parents of children attending Title I schools that they can request information regarding their children's teachers, including, at a minimum, information on (1) completion of state requirements for licensure and certification; (2) emergency or other provisional status; (3) educational background; and (4) whether paraprofessionals are serving the child and, if so, the paraprofessionals' qualifications.

### PARENT'S RIGHT TO KNOW TEACHER AND PARAPROFESSIONAL QUALIFICATIONS

Under the *Every Student Succeeds Act*, parents have the right to request information regarding the professional qualifications of their student's classroom teachers and paraprofessionals. Parents who would like to receive this information should write to the Human Resource Department, Attn: ESSA Teacher Qualifications, Saint Paul Public Schools, 360 Colborne Street, Saint Paul, MN 55102-3299. You have the right to ask for the following information about each of your child's classroom teacher(s).

- Information about whether the teacher has met state qualification and licensing criteria for the grade levels and subject areas in which the teacher provides instruction;
- Information about whether the teacher is teaching under emergency or other provisional status through which state qualification or licensing criteria have been waived;
- Information about whether the teacher is teaching (subjects or content) in which proper certification is held by the teacher.
- Information about whether the child is provided services by paraprofessionals and, if so, their qualifications.

**Parent's Right to know** also available in: Español, Hmoob, Soomaali, and . Please click [here](#).

## Minnesota Department of Education (MDE) Report Card Como Park Senior High School

The MDE Report Card for Como Park Senior High School includes information regarding the school's climate, test results, graduation rates, and contact information. It gauges how Como students are doing as compared to other students in the district and statewide. Please view Como's [MDE Report Card](#).

[Español](#) [Somali](#) [Hmoob](#)



Como Park Senior High School partners with Every Meal to make sure our students and families have what they need. Please scan the barcode to sign up. For questions or more information, please contact Lynda Taylor at [lynda.taylor@spps.org](mailto:lynda.taylor@spps.org). Thank you.

## OUR STORY

Every Meal is a 501(c)(3) nonprofit organization with a mission to fight child hunger through community and school partnerships. We strive to make a difference in children's lives by focusing specifically on food gaps — the times when children aren't at school to access meal programs. Providing kids with wholesome food is our focus, and their growth and achievement is at the heart of everything we do.

- **Free for all families**
- No qualifications required for enrollment
- Every Meal does not collect information from families; privacy is protected
- Families may enroll in the program at **any time** throughout the school year
- Volunteers or school staff discreetly place food bags in students' backpacks each week, typically on Fridays

For questions, please contact your school.



To learn more or to get involved  
with Every Meal's mission, visit:  
[everymeal.org](http://everymeal.org)

2723 Patton Rd. Roseville, MN 55113



**EVERY MEAL**  
formerly The Sheridan Story

## FREE WEEKEND FOOD ENROLLMENT FORM



Need information in a  
different language?

Scan the QR code or visit:

[everymeal.org/free-weekend-food](http://everymeal.org/free-weekend-food)



## GREAT THINGS HAPPENING AT COMO

The Como Park Minnesota State Fair Fundraiser. Many of the cadets present are brand new to the program. Anxious and excited to see what the new school year will be all about. We are grateful for their sacrifice. The MCJROTC State Fair will develop the most seasoned and infant of cadets in undescrivable leadership, humility, unselfishness, and bonding comradery that a classroom environment never can duplicate. Semper fi.



Hard work picking up and dumping trash cans for 12 hours. A shout out to a blast from the past Ol' Cadets who popped by to support (Bilal "Billy" Ahmed, Eh Say, Nayblut Kasuh, Nancy Solis, Joe Sanchez, Millet Mendoza, Nathan Davis and Jenna Clayton)





NEW KAREN CLUB AT COMO PARK SENIOR HIGH SCHOOL!



# KAREN CLUB

## 2023-2024



**Calling all Karen students of Washington Tech Magnet, Harding Senior High School, Humboldt Secondary School, and Como Park Senior High...**

- Are you looking for extra academic support?
- Do you want to learn more about your culture and history, how to manage stress, leadership skills, etc.?
- Do you want to go to exciting field trips of your choice?
- Or connect with other Karen youths at your school or community?



**Come Join Our team for the 2023-2024 School Year!**

Contact: Mular Lerpwel 651-202-3119 [mlerpwel@mnkaren.org](mailto:mlerpwel@mnkaren.org)





HEALTH START  
SCHOOL BASED  
CLINCS

# Your Health Start Clinic is Open!

MONDAY-FRIDAY 8:00AM-4:00PM

## WE PROVIDE:

- MEDICAL CARE
- MENTAL HEALTH SERVICES
- NUTRITION COUNSELING AND EDUCATION
- HEALTH EDUCATION

\*\*INCLUDING SEXUAL HEALTH AND STRESS MANAGEMENT\*\*

PLEASE STOP BY THE CLINIC (LOCATED NEAR YOU SCHOOL NURSE'S OFFICE) OR CALL 651.233.8951 TO ASK QUESTIONS, REGISTER, AND MAKE AN APPOINTMENT

NO ONE IS TURNED AWAY FOR INABILITY TO PAY. WE SEE YOUTH 11+



HEALTH START  
SCHOOL BASED  
CLINCS

## FOLLOW US ON INSTAGRAM!

For helpful info about our clinics,  
health resources for teens &  
parents, and more!



@mcc.healthstart





SAINT PAUL  
PUBLIC LIBRARY

Gita Rijal Zeitler  
Erica Valliant  
Abdi S. Omer  
Carlo Franco  
Zuki Ellis  
Yusef Carrillo  
Chauntyll Allen

# Saint Paul School Board Candidate Forum

**Thursday, September 14 | 6:30 p.m. -7:30 p.m.**

**St. Anthony Park Library**

**2245 Como Avenue | 651-642-0411**

Join interested community members for a moderated discussion with candidates seeking election to the St. Paul Public School Board this fall. The Second Thursday Forum, sponsored by the St. Anthony Park Library Association, explores topics relevant to the community on the second Thursday of each month in the library auditorium. No registration required. For a Zoom link to the program, contact: [sapbla.org](http://sapbla.org).

