

# Physical Fitness Records

## **Boys**

<u>EVENT</u>	<u>NAME</u>	<u>RECORD</u>	<u>YEAR</u>
Pull-ups	Dan Loehlein	27	1990
Sit-ups	Pheng Vang	73	2001
Shuttle Run	Gabe Bates Chorn Path	8.1 seconds	1999 2001
Long Jump	Ollie Smith	9 ft.	1987
Push-Ups	Tung Her	100	1990
50 yd. Dash	Gabe Bates	5.8 seconds	1999
600 yd. Run	Sufian Kimo	1:27	2001

## **Girls**

Bar Hang	Noemi Aguilar Lopez	79 seconds	2005
Sit-ups	Julie Montgomery	64	1993
Shuttle Run	Nicole Vesemeyer	8.6 seconds	1995
Long Jump	Andrea Campbell	7 ft. 2in.	2000
Push-ups	Michelle Thompson	60	1983
50 yd. Dash	Mikeya Griffin	6.3 seconds	1986
600 yd. Run	Lavette Moody	1:45	1982

