



LINWOOD MONROE
ARTS PLUS

LMAP NEWS

October 14, 2016

Our mission is to provide a quality, comprehensive, arts-infused education

Greetings LMAP Families!

As mentioned in the previous update, the 1:1 iPad initiative resumes this week for students in grades three through eight. PreK through second grade students will be receiving their iPads by Monday, October 17.

We will continue our practice from last year with middle school students (grades six through eight) being able to bring the devices home. Middle school students who have not submitted **User Agreement Forms** will not be allowed to bring their devices home. I want to acknowledge our Technology TOSA, Dani Friedman-Block and the Genius Squad (student leaders for technology integration) for all of their efforts in making the iPad handout a success.

I want to respectfully remind middle school parents that the devices are a learning tool AND we **encourage you to take charge of setting boundaries (or expectations) for your child's iPad use** outside of school. LMAP staff have taught lessons on safe, respectful, responsible, and productive iPad use this week and will continue to reinforce it throughout the school year.

This week we hosted our middle school Family Potluck Event (for grades six through eight). Thank you to all who attended. Our final Family Potluck event will be on October 26 from 5:30pm until 7:00pm for Kindergarten families. Guest artist, Ross Sutter will lead kindergarten families through a preview of some of the songs to be performed at the upcoming Friday gathering. I look forward to connecting with families at these upcoming LMAP community events.

Lastly, I had the opportunity to provide a tour of the lower campus for our Interim Superintendent, Dr. John Thein on Tuesday. The purpose for the visit was to support Dr. Thein in his understanding of the programming and facility needs associated with the proposed designs for the lower campus project. Dr. Thein enjoyed connecting with our students and staff. Moving forward, I invite you to share your support of the LMAP renovation projects with our Saint Paul Public School board members. It is important for the board members to hear from you how critical the facility updates are in creating a physical learning environment that meets the educational programming needs of all LMAP students.

Thank you for your continued support of LMAP!

Respectfully,
Bryan E. Bass, Principal
Linwood Monroe Arts Plus

Bryan Bass
Principal

Al Levin
Assistant Principal,
Lower Campus

Melinda McBride
Assistant Principal,
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CATCH THE PTA WAVE...



Thank you to everyone who helped make the recent Cherrydale fundraiser a smashing success! And thank you to everyone who attended the October 13th meeting

The PTA is hosting a Family Fun Dance on Thursday, October 27th at the Linwood (Lower Campus) from 5:30 – 8:00 PM. There will be music, dancing, face painting & a raffle. To help raise funds for the PTA's commitment to the LMAP's artist residencies, we are asking each class to assemble a themed basket to be raffled at the Fall Family Fun Dance. Raffle tickets will be sold the night of the dance for \$2 a chance or \$20 for 12 chances.

Grade themes are:

- Pre-K: Arts & Crafts
- Kindergarten: It's Raining Cats & Dogs
- 1st Grade: Cooking Up a Storm
- 2nd Grade: Take a Load Off
- 3rd Grade: Let's Stay in & Watch Movies
- 4th Grade: Let it Snow!
- 5th Grade: Keep Calm & Read On

(PLEASE CHECK OUT THE FLIER AT THE END OF THIS NEWSLETTER FOR MORE INFORMATION)

The next PTA meeting will be **November 10th, 2016**. Meetings are held the second Thursday of the month from 6:30-8:00pm and always held at the Monroe campus (810 Palace Av, 55102). There will be free childcare and snacks for the kiddos.

FLIPSIDE AND UPCOMING EVENTS

Here are a few reminders about Flipside program and upcoming events:

Flipside will begin on Monday October 10th, 2016. Registration forms are due to Ms. Vanessa (room 1511) or the main office ASAP! Ms. Vanessa can be reached at 651.744.5305 or vanessa.gill@spps.org to answer any questions.

The October 20th Teenventure registration forms are now available. Teenventure will include unique career-exploration opportunities like the Ramsey County Court, Saint Paul Police Department, and the Ordway Theater followed by an afternoon of bowling. There is a limit of 15 students from Monroe so sign your child up as soon as possible. Spots are first come first serve. and must include registration fee.

FOURTH GRADE FLYING INTO FALL!

Hello LMAP! Fourth Grade has hit the ground running this year, and we have been busily learning everything we can. We began our year with learning how to Analyze Data for math, and we are now settling in to focusing our energy on learning our math facts and algebra. Students have been learning some math fact games, and they have been taking them home to play at night with their families.

In reading, we have embarked on a nonfiction reading, and we are focusing our attention on asking questions about what we are reading, and discussing. It has been a lot of fun, and we have learned a lot about your children while doing this! This week, we have also begun our first Science unit, MAGNETS! Whatever could be next, you ask? Stay tuned, as it is a FUN year!

NEWS FROM 5th GRADE

We are off to a busy start this year. Ballroom dancing is our new arts residency, and we have already had six lessons and learned five dances; rumba, polka, foxtrot, merengue, and tango. Our teacher, Djenane, is from Haiti. She is amazing and very patient.

Also new this year for 5th grade is science with 6th grade teacher Mr. Russo famous for pumpkin launchings and loud explosions. This is a six-week rotation with two weeks on and four weeks off. So far, there seems to have been a lot of gum chewing in the name of science.

We had our first field trip to River Rendezvous in September. Students learned about life in Minnesota in the 1860s from different perspectives. It was a wonderful experience except for the mosquitoes!

Thank you to all the families who came out for our 4th and 5th grade potluck. We enjoyed meeting you all and sharing some very tasty dishes.

DRAMA AT THE LINWOOD CAMPUS

This fall, the K-3 students have explored how to use their acting tools of body, voice and imagination. Through the use of song, dance, pantomime and improvisation the students have been empowered to create images, express emotions and retell stories.

The themes, topics, and stories we have focused on include:

Kindergarten: Cooperation, emotions, colors, counting and monkeys! We have read several books, sang songs and acted out poems to help us with each of these skills or themes.

First Grade: Cooperation, emotions and characters. We have used Shel Silverstein's book, The Giving Tree, and several apple songs and poems to help us with each of these skills or themes.

Second Grade: Cooperation and character (What does the character want and how does the character feel?) We have used Mo Willems' books about Elephant and Piggie to help us explore character wants and feelings.

Third Grade: We have used fables to help us identify the theatrical element of character. We have discussed that characters want something, but they often are presented with obstacles. So what tactics do the characters use to get what they want and how will the character's life be better once they get their victory?

Mr. Williams, Drama Teacher, LMAP Lower Campus



FALL FAMILY FUN NIGHT

Seeking Donations for Grade Level Themed Raffle Baskets

To help the PTA raise funds for our school's arts residencies, we are asking each class to assemble a themed basket that will be raffled off at the **Fall Family Fun Dance on Thursday, October 27 at Linwood campus from 5:30 - 8:00 p.m.** Raffle tickets for the baskets will be sold the night of the event for \$2 per ticket or \$20 for 12 tickets.

GRADE THEMES ARE:

- *Pre-K: Arts & Crafts*
- *Kindergarten: It's Raining Cats & Dogs*
- *1st Grade: Cooking Up a Storm*
- *2nd Grade: Take a Load Off*
- *3rd Grade: Let's Stay in & Watch Movies*
- *4th Grade: Let it Snow!*
- *5th Grade: Keep Calm & Read On*



We are eager to start assembling baskets with the help from our students and their families.

Everyone can donate. It doesn't have to cost a lot of money. Themed donation suggestions are on the back of this flyer, but feel free to be creative and come up with your own ideas. All items must be new. Shop the clearance sales and find something fun to add!

Please consider contributing an item or two that relates to your student's grade-level theme. Items may be sent to school with your child and dropped off at either office or with classroom teachers by **Tuesday, October 25.**

Questions? Contact Ann Blumer-LaMotte at
LinwoodMonroePTA@gmail.com

FREE Fall Family Fun Dance

Thursday, October 27

5:30 – 8:00 p.m.

Dancing, Face Painting, Raffle Baskets

Free will donation at door to support arts residencies.

Low-cost concessions will be sold.



Coming Soon to LMAP: iPad Roll Out!



PreK-5th Grades will have their iPads by Monday, Oct 17th.
6th, 7th, and 8th Grades will get their iPads on Thursday, Oct 13th.

If middle school students have turned in their signed user agreement, they will get to take their iPads home with them on Thursday. If they do not have one turned in they will use their iPad at school, but will not get to take it home.

Some guidelines to remember to keep students safe when using iPads:

Student must always follow district policies and behavior expectations, school or home. Responsible Digital Citizens never:

- Bring iPads into locker rooms and bathrooms
- Take inappropriate photos or videos
- Take/share personal info of self or others
- Embarrass, bully, harass
- Email, post, send images or recordings without person's written permission

Keep iPad always and out of sight when:

- Waiting at bus stop, train station
- Riding public bus or light rail train
- Walking in community

Keep an eye on your iPad; know where it is at all times

- Keep iPad off the floor or ground (even in backpack) so it doesn't get stepped on
- Never leave or store the iPad in a car/van
- Always keep your iPad in its case
- Never lend your iPad to anyone (except family)
- Keep your PIN/Passcode private
- Keep the tag and numbers visible on the back of the iPad

Want more information? Here is the link to the SPPS iPad Handbook
<http://www.spps.org/Page/23994>

If you have any questions around iPads, please contact Mrs. Dani Block at
Danielle.friedman@spps.org or 651-293-8690

teenventure

Your teenventure begins October 20th.

Quick Information

- Grades 6-8
- Location: Rice Street Recreation @ 9 am
1041 Marion Street, Saint Paul, MN 55117
- Programs run from 9:00-4:30
- Costs to fit your budget (\$15,\$5)
- Free lunch is provided
- Transportation is provided

Questions: Call Sam @ 651 744-3055
Call (651)-283-7515 on October 20th for immediate assistance.

Follow or Like Us @

spsteenventure



Join us for career-based tours on October 20th!

Saint Paul Police Department: Do you notice the small details that others miss? How many mysteries have you solved? Join Teenventure to meet police officers, see the headquarters, and learn about many exciting careers.

Ramsey County Courthouse: Do you have a strong sense of right and wrong? You might want to be a lawyer. Head to the Ramsey County Courthouse to learn from lawyers, judges, and other public officials.

Ordway Theater: Were you born to be in the limelight? Learn from the dancers and actors what you need to make it in show business. You might just learn a couple of dances along the way.



Join us for an afternoon of bowling strikes and spares with your friends at **Sun Ray Lanes!**

Cost: \$15 for each day, For those who qualify for free/reduced school lunch cost is \$5

Teenventure is sponsored by the Saint Paul Community Education Department in partnership with Saint Paul Parks and Recreation.

Important Field Trip Information:

- Please keep this flyer
- Join us on October 20th!
- Field Trip choices are subject to changes.
- We do not offer refunds for students who do not show up to the field trip.
- Read confirmation letter sent home with youth for final location choice and bus stop.
- Please arrive 5 minutes before scheduled bus time.

Time	Activity	Location
8:20-9:00	Parent drop off and bus pick up	Bus Locations, Rice Street Rec.
9:00-10:00	Registration and group activities	Rice Street Recreation
10:30-12:00	Career field trips	Field trip locations
Saint Paul Police Headquarters: 367 Grove St, St Paul, MN 55101 Ordway Theater: 345 Washington St, St Paul, MN 55102 Ramsey County Courthouse: 15 W Kellogg Blvd, St Paul, MN 55102		
12:30-3:00	Bowling	Sun Ray Lanes
Sun Ray Lanes: 2245 Hudson Rd, St Paul, MN 55119		
3:30-4:30	Snack and reflection time	Rice Street Recreation
4:30-5:00	Bus drop off and parent pick up	Rice Street Rec., Bus Locations

Bus Location	Pick up times	Drop off times
Harding Senior High School	8:30 am	5:00 pm
Main entrance, please wait by Third St main entrance, 1540 Sixth St E, St Paul, MN 55106		
Johnson Senior High School	8:45 am	4:45 pm
Back entrance, Door 15, 1349 Arcade St, St Paul, MN 55110		
Central Senior High School	8:30 am	5: 00 pm
Marshall Street Entrance, 275 Lexington Pkwy N, St Paul, MN 55104		
Como Park Senior High School	8:45 am	4:45 pm
Main entrance, Door 1, 740 Rose Ave W, St Paul, MN 55117		
Humboldt Senior High School	8:20 am	5:10 pm
Main entrance, Door 1, Gorman and Baker, 30 Baker St E, St Paul, MN 55107		
Highland Park Middle School	8:40 am	4:50pm
Back entrance, Door 20, 975 Snelling Ave S, St Paul, MN 55116		
Rice Street Recreation	9:00 am	4:30pm
Back entrance, 1041 Marion Street, Saint Paul, MN 55117		

Teenventure office phone: 651-744-3055, Teenventure cell phone: (651)-283-7515
 Teenventure e-mail: sam.jewett@spps.org

This program is co-sponsored by the Saint Paul Public Schools Community Education Department and the City of Saint Paul Parks and Recreation Department, and is funded in part with a grant from the Minnesota Department of Education using federal funding, CFDA 84.287c, 21st Century Learning Centers .

teenventure 2016 October 20 Registration Form

**Please return forms and money (checks payable to SPPS Community Education) to your
Afterschool or Flipside Site Coordinator on or before Friday, October 14**

Student Last Name: _____ First Name _____ Lunch # _____ Grade: ____ Birth Date: _____

Parent/Guardian Last Name: _____ First Name: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Any additional information about your child that may be helpful for program staff to know? _____

Emergency Contact Name: _____ Phone: _____

Please check the amount of the fee enclosed (checks payable to SPPS Community Education, credit cards are not accepted):

- \$15 \$5 Qualify for Free/Reduced School Lunch

Transportation to Rice Street Recreation:

My child will: (Please select one of the following options)

- Walk Parent/guardian drop off by 9:00am to Rice Street Recreation Bus (Choose a bus below & arrive 5 minutes before the time listed)

<input checked="" type="checkbox"/>	Site	Pick up	Return	<input checked="" type="checkbox"/>	Site	Pick up	Return	<input checked="" type="checkbox"/>	Site	Pick up	Return
	Harding HS	8:30am	5:00		Como HS	8:45 am	4:45		Humboldt HS	8:20am	5:10
	Johnson HS	8:45 am	4:45		Central HS	8:30 am	5:00		Highland MS	8:40 am	4:50

Field Trip Choices

Please Rank (1 being 1st choice; 3 last choice) which career trips you are most interested in attending: (every effort is made to honor your first choice, however trips are limited and are subject to change).

___ Ordway Theater

___ Ramsey County Court

___ Saint Paul Police Department

Permission Statements for Teenventure Participation

Please read carefully the statement and check your preferred response.

Yes ___ No ___

I give my child permission to participate in the Teenventure Career and College Readiness program.

Yes ___ No ___

MEDIA RELEASE:

I give permission for my child to be photographed or filmed while participating in program activities that may be used for program or District promotions.

Yes ___ No ___

MEDICAL PERMISSION:

I give permission to secure the services of a licensed physician if I cannot be reached in the event of a medical emergency.

Yes ___ No ___

MEDICAL INFORMATION: Does your child have any medical concerns we should know about such as prescriptions, food allergies or medication allergies?

If YES to any of the above, please specify health condition/ medication:

Yes ___ No ___

PROGRAM EVALUATION & DATA PRIVACY NOTICE

I give permission for my child to participate in program evaluation activities. If no -you will receive additional information.

Yes ___ No ___

SURVEYS

Your child may be invited to complete surveys about their experience for Teenventure. The information your child provides will help us to improve the program. Your child's participation in all surveys is voluntary. Surveys will be made available for review upon request to the Program Site Coordinator. I give permission for my child to participate in program related surveys.

Yes ___ No ___

WALKING FIELD TRIPS

Some Teenventure programs conduct WALKING field trips within one mile of school grounds. Necessary precautions and supervision will be provided. I give permission for my child to participate in walking field trips.

Parent Initials

BEHAVIOR

I understand that expectations for Teenventure are the same as the expectations during the school day according to the Student Behavior Handbook which can be found online at <http://www.spps.org/Page/3249>

Parent Initials

PERSONAL PROPERTY

I understand the Saint Paul Public Schools will not be responsible for lost or stolen personal items.

My signature below signifies that I understand the statements above and give my child permission to participate in Teenventure.

Parent/Guardian Signature

Date

Linwood Monroe Arts Plus: Girls Fit Club

When: Sunday, October 16th, 2016 – 12:00 pm
Sunday October 23rd, 2016 – 12:00 pm
Sunday October 30th, 2016 – 12:00 pm
Sunday November 6th, 2016 – 12:00 pm

Where: Highland Park Senior High Track (Session will be held outside and will be weather dependent)
1015 Snelling Ave S, St Paul, MN 55116

Who: All 6th – 8th grade female students who attend Linwood Monroe Arts Plus and their family members (aunts, mothers, sisters).

What: Are you ready to challenge yourself? Are you ready to work hard, improve fitness, strength and endurance? Are you ready to share this experience with your friends, sister, aunt or mom?

LMAP's Girls Fit Club is your opportunity! You, your LMAP friends, and female family members are invited to participate. You will experience a workout similar to high-intensity interval training (HIIT is a training technique in which you go all-out, and give one hundred percent effort through quick, intense bursts of exercise, followed by short, sometimes active, recovery periods) or Crossfit (Crossfit aims to improve endurance, stamina, strength, flexibility, power, speed, coordination, agility, and balance. Crossfit uses plyometrics, exercises designed to improve strength and power by having muscles exert a maximum amount of force in short amount of time).

Here is an example of a LMAP Girls Fit Club workout:

Warm Up: Partner Run 4 x 200 meters (Total length ½ mile)
Work Out: Partner's share work (that means you only do half of what is listed)

100 step ups

100 sit ups

100 air squats

100 push ups

½ mile run (2 times around the track together)

Cool Down: Guided Stretching

The LMAP's Girls Fit Club will meet four times at the Highland Park High School Track, the fifth week all female LMAP students will be encourage to sign up and participate in the Girls On the Run 5K race. There is NO cost to participate in the LMAP Girls Fit Club, there is a registration fee for the Girls on the run Twin Cities Fall 2016 5k. You must register online for the race. Students who qualify for free and reduce lunch will have scholarships available, please see Ms. O'Connor.

Early Registration (before 10/7): 5k - all ages \$30.00
Regular registration (10/7-11/11): 5k - all ages \$35.00
Day of Race (11/12): 5k - all ages \$40.00

Organizer: Girls on the Run Twin Cities
Web site: <http://www.gotrtwincities.org/race/563-girls-on-the-run-fall-5k>
Date: Saturday, November 12, 2016
Time: 5K starts at 9:00 am. On-site registration and Happy Hair will begin at 7:30 a.m.
Location: Harriet Island, St. Paul, MN



Why: To have fun! To be strong! To build community!

Questions: Please contact Michelle O'Connor at michelle.oconnor@spps.org or 651-293-8690 (e-mail preferred).



ACCIDENT WAIVER AND RELEASE OF LIABILITY FORM

This agreement releases Michelle O'Connor, Linwood Monroe Arts Plus, and St. Paul Public School from all liability relating to injuries that may occur during Girls Fit Club, held at Highland High School Track on October 16th, 23rd, 30th, and November 6th, 2016 at 12:00 pm.

By signing this agreement, I agree to hold Michelle O'Connor, Linwood Monroe Arts Plus, and St. Paul Public School entirely free from any liability, including financial responsibility for injuries incurred, regardless of whether injuries are caused by negligence.

I also acknowledge the risks involved in participation in Girls Fit Club. These include but are not limited to participation in high intensity physical fitness. I swear that I am participating voluntarily, and that all risks have been made clear to me. Additionally, I do not have any conditions that will increase my likelihood of experiencing injuries while engaging in this activity.

By signing below I forfeit all right to bring a suit against Michelle O'Connor, Linwood Monroe Arts Plus, and St. Paul Public School for any reason. In return, I will be able to participate in Girls Fit Club. I will also make every effort to obey safety precautions as listed in writing and as explained to me verbally. I will ask for clarification when needed.

I, _____(print name), fully understand and agree to the above terms.

I CERTIFY THAT I HAVE READ THIS DOCUMENT AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL.

Participant's Signature

Date

Participant's Name

Parent/Guardian Signature

Date

(If under 18 years old, Parent or Guardian must also sign.)