

Koj Cov Me Nyuam Npaj Puas Tau Txhij?

Minnesota Kev Txhaj Tshuaj Tsab Cai Lij Choj

Cov Tsuj Yuav Siv daim phiaj taw (chart) los mus qhia kom paub txiav txim seb yuav tsum tau txhaj cov tshuaj twg kom thiaj cuv tau npe nkag rau hauv kev pab zov me nyuam, cov kev pab thaum me nyuam tseem me, thiab tsev kawm ntawv (tsoom fww li los yog tsis yog tsoom fww li).

Tsum Tau Txhaj Nrhiav kom paub tus me nyuam lub hnuv nyoog/qib kawm ntawv thiab saib seb koj tus me nyuam puas tau txhaj cov koob tshuaj uas qhia pom cov cim kos (checkmarks) nyob hauv qab ntawm txhua hom tshuaj txhaj. Cov me nyuam txij thaum yug mus rau hnuv nyoog 2 xyoo tej zaum tseem tsis tau txhaj tag nrho cov koob tshuaj. Mus saib phab ntawv nyob sab nraum qab, nws qhia pom lub hnuv nyoog thaum txog caij txhaj cov tshuaj lawm.



Cov koob tshuaj pom zoo kom txhaj tab sis tsis yuam kom txhaj xwb xwb:

Mob khaub thuas

Txhua xyoo rau tag nrho cov me nyuam hnuv nyoog 6 lub hlis thiab tshaj saud

Mob o rau lub plab thiab cov hnyuv ua rau raws plab (Rotavirus)
Rau cov me nyuam mos

Mob ua pob cos rau chaw mos los ntawm kev sib deev (HUMAN PAPILLOMAVIRUS, HPV)
haum hnuv nyoog 11-12 xyoo

- ① Cov kawm nyob qib 1 uas muaj 6 xyoo thiab qis dua yuav tsum tau ua raws li mob tuag npab tuag ceg thiab Qa Foob, Mob Kab Xeb, Hnoos/Qa Foob, Mob Kab Xeb cov sij hawm teem txhaj rau cov kindergarten.
- ② Tsis kom yuav tsum tau txhaj lawm tom qab 24 lub hlis.
- ③ Yog tus me nyuam twb mob ua qhua taum los lawm, ces tsis tas txhaj koob tshuaj qhua taum lawm. Yog tus mob tshwm sim tom qab xyoo 2010, tus me nyuam tus kws kho mob yuav tsum tau kos npe rau ib daim ntawv.
- ④ Tsis tas txhaj koob thij tsib ntawm Qa Foob, Mob Kab Xeb thiab Hnoos yog twb txhaj koob thib plaub tom qab hnuv nyoog 4 xyoo lawm. Koob kawg ntawm Qa Foob, Mob Kab Xeb thiab Hnoos rau thaum los yog tom qab muaj 4 xyoo.
- ⑤ Tsis tas txhaj koob thib plaub ntawm koob mob tuag npab tuag ceg yog twb txhaj koob thij peb tom qab hnuv nyoog 4 xyoo lawm. Koob kawg ntawm tus mob tuag npab tuag ceg rau thaum los yog tom qab muaj 4 xyoo.
- ⑥ Kuj pub teem ib lub sij hawm txhaj 2 koob tiv thaiv tus kab mob siab B yog siv rau cov me nyuam txij hnuv nyoog 11 txog 15 xyoo.
- ⑦ Yuav tsum muaj ntawv pov thawj rau tsawg kawg peb koob tshuaj txhaj tiv thaiv mob qa foob (diphtheria) thiab mob kab xeb (tetanus). Yog hais tias ib tug me nyuam tau txhaj koob tshuaj tiv thaiv mob qa foob, mob kab xeb thiab hnoos (Tdap) thaum muaj 7 mus txog rau 10 xyoo, ces nws tsis tas txhaj koob no ntiv lawm. Koob txhaj tiv thaiv mob kab xeb (Td) yuav muab siv tsis tau los hloov koob txhaj kom tiv thaiv mob qa foob, mob kab xeb thiab hnoos (Tdap).
- ⑧ Yuav tsum tau txhaj ib koob thaum pib kawm ntawv qib 7. Koob txhaj ntiv hom ntau yog txhaj thaum muaj hnoob nyoog 16 xyoo tab sis lub sij hawm txhaj ntiv kuj yog nyob ntawm seb tau txhaj thawj koob thaum twg lawm.

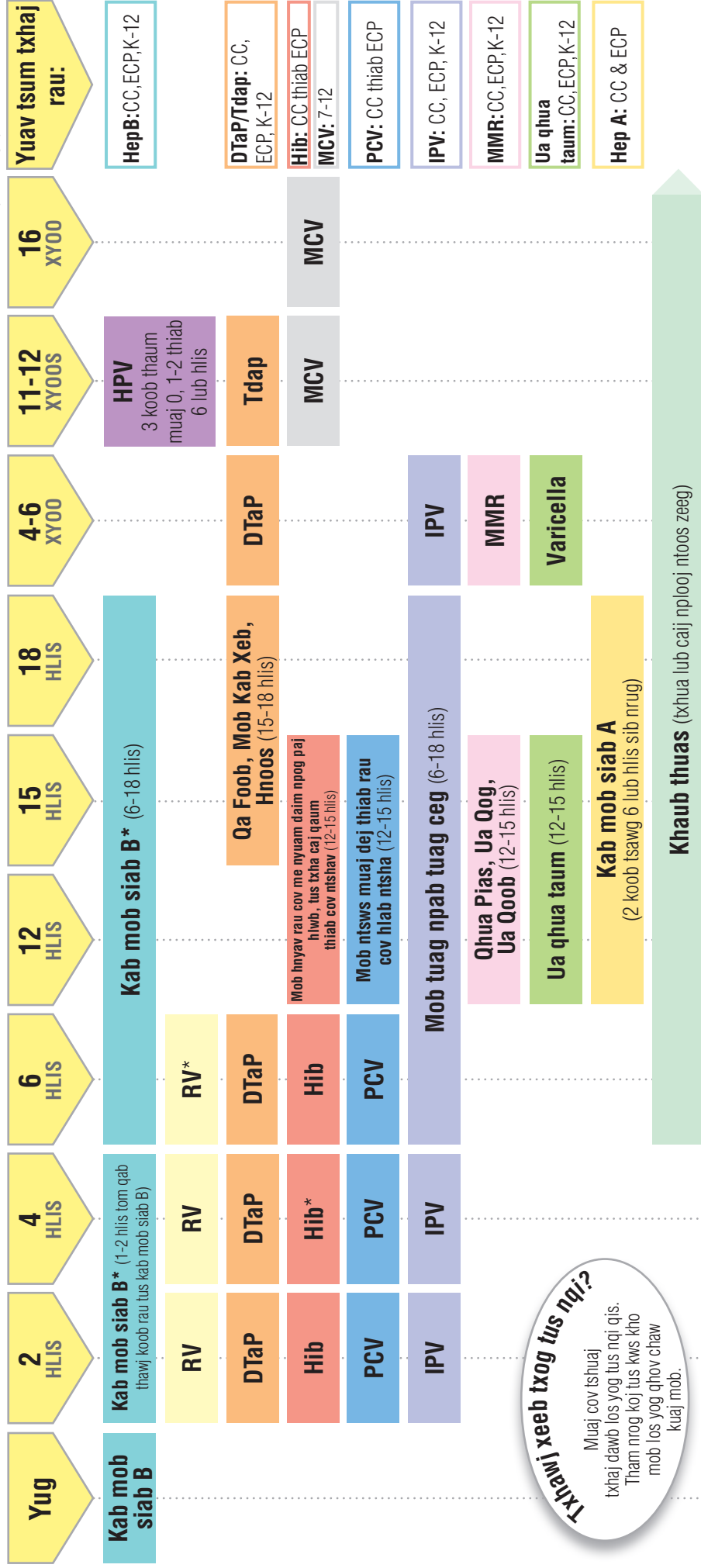
Cov kev zam Kom muaj npe nkag rau hauv kev pab zov me nyuam, cov kev pab thaum me nyuam tseem me, thiab tsev kawm ntawv hauv Minnesota, cov me nyuam yuav tsum muaj ntau ntawv qhia pom tias lawv tau txhaj cov tshuaj no los yog ua ntawv thov kom zam raws cai.

Cov niam cov txiv yuav ua tau ntawv thov kom zam vim kev mob nkeeg uas muaj npe kos los ntawm ib tug kws kho mob los yog ib daim ntawv tsis pub txhaj tshuaj kos npe los ntawm ib tug niam tug txiv/tus saib xyuas thiab kom muaj lub thwj ntaus rau (notarized).

Nrhiav Ntaub Ntawv Txhaj Tshuaj? Yog xav tau koj tus me nyuam cov ntaub ntawv txhaj tshuaj, tham nrog koj tus kws kho mob los yog hu rau Minnesota Immunization Information Connection (MIIC) ntawm 651-201-5503 los yog 1-800-657-3970.

Thaum Twg Thiaj Yuav Tau Txhaj Tshuaj Thaum Yug mus txog 16 Xyoos

CC = Kev pab zov me nyuam
ECP = Cov Kev Pab thaum Me Nyuam
Tseem Me
K-12 = Kindergarten txog qib 12
7-12 = qib 7 txog qib 12



Txhawj xeeb txog tus nqi?
Muaj cov tshuaj txhaj dawb los yog tus nqi qis. Tham nrog koj tus kws kho mob los yog qhov chaw kuaj mob.

Nws tseem tsis tau lig! Yog tias koj tus me nyuam tseem tsis tau txhaj tshuaj puv, nrog koj tus kws kho mob los sis qhov chaw kuaj mob tham kom mus txhaj kom txhij.

Minnesota tsab cai lij choj hais kom yuav tsum muaj ntawv pov thawj rau qee hom tshuaj txhaj rau cov me nyuam nyob hauv kev pab zov, cov kev pab thaum me nyuam tseem me, thiab tsev kawm ntawv. Tiam sis, yog hais tias ib tug me nyuam muaj ib tug mob los yog hais tias nws niam nws txiv yeej tsis kam txhaj ib hom tshuaj twg los yog tag nrho cov tshuaj, nws muaj qhov zam rau raws cai.

Cov me nyuam uas muaj qee yam mob kuj yuav tau txhaj tshuaj ntiv (piv txwv, mob ntsws muaj dej thiab rau cov hlab ntsha (pneumococcal) los yog tus mob rau daim npog paj hliwb thiab cov ntshav (meningococcal). Tham nrog koj tus kws kho mob los yog qhov chaw kuaj mob.

Puas yog cev xeeb tub lawm? Tiv thaiv koj tus kheej thiab koj tus mos liab kom txhob tau tus mob hnoos, mus txhaj koob tshuaj qa foob, mob kab xeb thiab hnoos thaum lub cev xeeb muaj tus me nyuam 27 mus txog 36 lub lis piam. Tham nrog koj tus kws kho mob.

*Cov koob tshuaj txhaj npaum cas ntawd yog nyob ntawm yam tshuaj uas koj tus kws kho mob siv. Yog xav tau koj tus me nyuam cov ntaub ntaaw txhaj tshuaj, tham nrog koj tus kws kho mob los yog hu rau Minnesota Immunization Information Connection (MIIC) ntawm 651-201-5503 los yog 1-800-657-3970.

Qhia txog cov koob tshuaj muab sau ua cov tsiaj ntawv

DTaP/Td/Tdap=Qa foob, Mob Kab Xeb, Hnoos	Hib = Mob hnyav rau cov me nyuam daim npog paj hliwb, tus txha caj qaum thiab cov ntshav hom b
Hep B= Kab mob siab B	Hep A= Kab mob siab A
MMR=Qhua Pias, Ua Qog, Ua Qoob	PCV= mob ntsws muaj dej thiab rau cov hlab ntsha
	MCV= mob rau daim npog paj hliwb thiab cov ntshav
	RV= mob o rau lub plab thiab cov hnyuv ua rau raws plab